Adding, Captioning and Listing Equations in Word

Here is a link to a video that shows a work-around for inserting equations into Word and captioning them:

http://www.youtube.com/watch?v=T34BMW7wxWI

You can follow up on this by creating a List of Equations, as follows:

1. Place the cursor where you would like the list to appear.
2. From your Word ribbon, click References.
3. Click Insert Table of Figures.
4. In the General Options area, change the Caption Title drop-down to Equation.
5. Continue formatting the appearance of the list, or click OK to finish.